

Lakeland School District Elementary January Breakfast Menu This institution is an equal opportunity provided

Lakeland Sch	nool District Eleme	ntary January Bre	aktast Menu This insti	tution is an equal opportunity provide
Monday	Tuesday	Wednesday	Thursday	Friday
Locally Grown		1	2	3
Locally Grown		No School	No School	No School
Vegetarian		New Years Day	Christmas Break	Christmas Break
Vegetarian				
We support Local				
_Farmers!				
6	7	8	9	10
Whole Grain	Breakfast Pizza	Whole Grain	Chicken Biscuit Sandwich	Baked Cinnamon Roll
Frosted Pop-Tart		French Toast Sticks		
String Cheese	Assorted Cereal	w/Maple Syrup	Assorted Cereal	Assorted Cereal
Assorted Cereal	Whole Grain Muffin	Assorted Cereal String Cheese	Whole Grain Toast	Strawberry Banana Yogurt
String Cheese		String Cheese		
String cheese	Orange Wedges	Orange Wedges	Orange Wedges	Orange Wedges
Orange Wedges	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Chilled Fruit	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
100% Fruit Juice				
13 Fruit Smoothie	14 Pancake on a Stick	15 Whole Grain	16 Whole Grain Waffle	17 Biscuits & Gravy
Whole Grain Muffin	w/Maple Syrup	Frosted Pop-Tart	whole Grain Warne w/Maple Syrup	DISCUILS & Gravy
Whole Grain Marini	Assorted Cereal	String Cheese	Scrambled Eggs	Assorted Cereal
Assorted Cereal	Whole Grain Toast	Stilling Gillesse	35	Strawberry Banana Yogurt
Whole Grain Muffin		Assorted Cereal	Assorted Cereal	, ,
	Orange Wedges	String Cheese	Whole Grain Toast	Orange Wedges
Orange Wedges	Assorted Chilled Fruit		Orange Wedges	Assorted Chilled Fruit
Assorted Chilled Fruit	100% Fruit Juice	Orange Wedges	Assorted Chilled Fruit 100% Fruit Juice	100% Fruit Juice
100% Fruit Juice		Assorted Chilled Fruit 100% Fruit Juice	100% I fuit Juice	
20	21	22	23	24
	Breakfast Pizza	Whole Grain	Chicken Biscuit Sandwich	
No School		French Toast Sticks		No School
Martin Luther King Day	Assorted Cereal	w/Maple Syrup	Assorted Cereal	Professional Day
	Whole Grain Muffin	Assorted Cereal String Cheese	Whole Grain Toast	
	Orange Wedges	String Cheese	Orange Wedges	
	Assorted Chilled Fruit	Orange Wedges	Assorted Chilled Fruit	
	100% Fruit Juice	Assorted Chilled Fruit	100% Fruit Juice	
		100% Fruit Juice		
Emili Sweethie	28	29	30	Biography & Consum
Fruit Smoothie Whole Grain Muffin	Pancake on a Stick w/Maple Syrup	Whole Grain Frosted Pop-Tart	Whole Grain Waffle w/Maple Syrup	Biscuits & Gravy
The Country of the Country	Assorted Cereal	String Cheese	Scrambled Eggs	Assorted Cereal
Assorted Cereal	Whole Grain Toast	Assorted Cereal		Strawberry Banana Yogurt
Whole Grain Muffin	Orango Wadaaa	String Cheese	Assorted Cereal	Orango Wadaaa
Orange Wedges Assorted Chilled Fruit	Orange Wedges Assorted Chilled Fruit	Orange Wedges	Whole Grain Toast Orange Wedges	Orange Wedges Assorted Chilled Fruit
100% Fruit Juice	100% Fruit Juice	Assorted Chilled Fruit	Assorted Chilled Fruit	100% Fruit Juice
/		100% Fruit Juice	100% Fruit Juice	



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Paid Student \$1.50. Reduced \$0.30. Adult \$2.25