## what's for breakfast?

Lakeland School District Elementary February Breakfast Menu This institution is an equal opportunity provide				
Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Fruit Smoothie</b> Whole Grain Muffin	4 Pancake on a Stick w/Maple Syrup	5 Breakfast Pizza	6 Whole Grain Waffle w/Maple Syrup	7 Biscuits & Gravy
<b>Assorted Cereal</b> Whole Grain Muffin	Assorted Cereal Whole Grain Toast	Assorted Cereal Whole Grain Muffin Orange Wedges	Scrambled Eggs Assorted Cereal Whole Grain Toast	Assorted Cereal Strawberry Banana Yogurt
Orange Wedges Assorted Chilled Fruit	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
100% Fruit Juice	100% Fiult Juice			100% Fiult Juice
10 Whole Grain	11 Breakfast Pizza	12 Whole Grain	13 Chicken Biscuit Sandwich	14 Baked Cinnamon Roll
Frosted Pop-Tart String Cheese	Assorted Cereal	French Toast Sticks w/Maple Syrup	Assorted Cereal	Assorted Cereal
Assorted Cereal String Cheese	Whole Grain Muffin	Assorted Cereal String Cheese	Whole Grain Toast	Strawberry Banana Yogurt
Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
17	18	19	20	21
No School Presidents Day	Pancake on a Stick w/Maple Syrup Assorted Cereal Whole Grain Toast	Whole Grain Frosted Pop-Tart String Cheese Assorted Cereal	Whole Grain Pancake w/Maple Syrup Scrambled Eggs Assorted Cereal	Biscuits & Gravy Assorted Cereal Strawberry Banana Yogurt
	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	String Cheese Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Whole Grain Toast Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
24	25	26	27	28
Fruit Smoothie Whole Grain Muffin	Breakfast Pizza Assorted Cereal	Whole Grain French Toast Sticks w/Maple Syrup	Egg & Cheese Breakfast Sandwich	Baked Cinnamon Roll Assorted Cereal
Assorted Cereal Whole Grain Muffin	Whole Grain Muffin	Assorted Cereal String Cheese	Assorted Cereal Whole Grain Toast	Strawberry Banana Yogurt
Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice	Orange Wedges Assorted Chilled Fruit 100% Fruit Juice
			Vegetarian 🔌	We support Local Farmers!



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Paid Student \$1.50. Reduced \$0.30. Adult \$2.25